



St. John's  
Rowing Club

# ST JOHN'S ROWING CLUB MEMBERSHIP FORM

## Club Use Only

Accepted by \_\_\_\_\_

Fee \_\_\_\_\_

Cash \_\_\_\_\_ Cheque \_\_\_\_\_

Date: \_\_\_\_\_

RCA ID \_\_\_\_\_

New membership: Yes: \_\_\_\_ No: \_\_\_\_

Name: \_\_\_\_\_ Gender: M F

Mailing Address: \_\_\_\_\_  
*Street or post box City Postal Code*

Phone number: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Date of Birth: day: \_\_\_\_\_ month: \_\_\_\_\_ year: \_\_\_\_\_

School attending: \_\_\_\_\_ Grade: \_\_\_\_\_

Medical conditions/Allergies (if any): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
*Name Relation Phone #*

**MEMBERSHIP TYPE:** (check one) The full membership year runs from May 1<sup>st</sup> to April 30<sup>th</sup>

- |  |   |   |
|--|---|---|
| <u>Youth</u> (Learn to Row)                | <input type="checkbox"/> Full year (2 or more sessions) | <input type="checkbox"/> 1 session (2 weeks)  |
| <u>High School</u>                         | <input type="checkbox"/> Full year                      | <input type="checkbox"/> Spring (May – July) <input type="checkbox"/> Fall (Aug. - April) |
| <u>Student</u> (Post-secondary)            | <input type="checkbox"/> Full year                      | <input type="checkbox"/> Half year (August - April)                                       |
| <u>Adult</u>                               | <input type="checkbox"/> Full year                      | <input type="checkbox"/> Half year (August - April)                                       |
| <u>Competitive</u> (Junior/Senior/Masters) | <input type="checkbox"/> Full year                      | <input type="checkbox"/> Half year (August - April)                                       |

### WAIVER

I hereby agree to waive all rights to bring action or suit against the St. John's Rowing Club, Rowing Newfoundland and Rowing Canada Aviron and its officers, members and employees for any injury to my person, or loss of, or damage to my property or equipment caused as a result of partaking in any of the club activities, including rowing on Quidi Vidi Lake, and use of the Boathouse or other training facilities, unless such loss, injury or damage is a result of gross negligence or intentional injury. I agree to voluntarily assume all the risks that may be connected with the sport of rowing.

Signature of member: \_\_\_\_\_

Signature of parent or guardian: \_\_\_\_\_  
(for members under the age of 18)



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## QUALIFICATIONS

**Member Name:** \_\_\_\_\_ **Year** \_\_\_\_\_

### 1. SWIMMING ABILITY

On becoming a member of the St. John's Rowing Club you must show adequate proof that you can meet the following swimming requirements. The goal of this test is to make sure you are comfortable around water and able to stay calm and afloat in the rare occasion of your boat capsizing. Bring this form to your local swimming pool and have a certified lifeguard evaluate you. Once complete, return this form to your coach.

#### Requirements:

Tread water for a minimum of three (3) minutes  Pass  Fail

Swim (any style) 50 meters  Pass  Fail

Put on a PFD while treading water  Pass  Fail

Swimming facility: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_

Life Guard Name: \_\_\_\_\_ (Please Print)

Life Guard Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Members with a swimming level at, or above, Bronze Medallion do not have to complete this swim test. Attach a photocopy of your certificate (with your name on it) as proof of swimming ability.**

**2. ROWING EXPERIENCE:** \_\_\_\_\_

### 3. NCCP CERTIFICATION (Rowing)

Level 1  Theory  Technical  Practical Certified Rowing Official **Yes / No (circle)**

Level 2  Theory  Technical  Practical

Level 3  Theory  Technical  Practical

### 4. PLEASURE CRAFT OPERATOR CARD:

Yes: \_\_\_ No: \_\_\_ Card #: \_\_\_\_\_ Date: \_\_\_\_\_



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### Privacy Statement

The **St. John's Rowing Club** respects your privacy. We protect your personal information and adhere to all legislative requirements with respect to privacy. We do not rent, sell or trade our mailing lists. We use your personal information within the club to provide services and to keep you up to date on activities of the **St. John's Rowing Club**, including programs, services, special events, funding needs, opportunities to volunteer and more. Name, home address, phone number, year of birth and email address are shared with Rowing Newfoundland and Rowing Canada Aviron for the purposes of registration. Your name and address will also be provided to the City of St. John's to enable us to maintain our affiliation with the city.

### Please check one box

- I grant the Club permission to disclose my personal information to Rowing Canada and/or Rowing Newfoundland for the purpose of receiving solicitations from RCA sponsors such as MBNA, or for other commercial activities, or for the purpose of Posting rosters, statistics, images and results on SJRC, Rowing Newfoundland and/or RCA's (National Team members only) websites)
- Do not share my personal information

MEMBER NAME (Print): \_\_\_\_\_

MEMBER SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_



## ST JOHN'S ROWING CLUB MEMBERSHIP FORM

### CODE OF CONDUCT ST. JOHN'S ROWING CLUB Effective May 2, 2000

**Club members have a responsibility to participate in a professional, disciplined manner, demonstrating all those aspects of good sportsmanship expected of members of St. John's Rowing Club.**

Members are expected to understand, and indicate by their signature that they agree to abide by, all rules and regulations instituted by the St. John's Rowing Club for its members.

- Membership fees are due yearly at the rate and date set by the Board. Membership privileges, which include participation in club activities, may not commence until all fees are paid.
- Harassment (overt or insinuated) of any kind – physical, emotional or sexual – of members by members, coaches or other club personnel is forbidden. Rowing Canada's harassment policy will be strictly enforced.
- Alcohol and illicit substances are not permitted at any time, day or night at the boathouse or the boathouse grounds. Members are not permitted to participate in club activities while under the influence of drugs or alcohol.
- Members must obey all rules of the Safety Committee of SJRC.
- The head coach will be informed of any discipline of members. Any discipline of a member is to take place in an open forum, and the member must be permitted to have a fellow rower or another coach present. The member can choose who this additional person is to be. The disciplinary procedure will require that coaches use whatever form of discipline is appropriate, up to and including loss of membership. The coach is then required to inform, within 24 hours, the head coach of the discipline. A coaches' meeting will be called within 7 days to discuss the issue and a letter will be forwarded within 7 days to the Board of SJRC for review.
- To travel with a team to Rowing Newfoundland, Rowing Canada or SJRC – sanctioned regattas, all members and their parents/guardians must sign a code of conduct, indicating their acceptance and adherence to the code of conduct for travel. Coaches will also be expected to sign this code of conduct for travel.
- Members will be informed that coaches agree to SJRC code of conduct. Members are expected to take, in a timely manner, any concerns or complaints about any matter relating to the club to the head coach, the Coaching Committee or to any member of the Board.
- Any violation of this code of conduct will be strictly dealt with by the appropriate committees of SJRC.

MEMBER NAME (Print): \_\_\_\_\_

MEMBER SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_